



## What is Veteran Directed Care (VDC)?

The Veterans Health Administration (VHA) program that gives Veterans choice and control over their long-term services and supports.

## VDC MAY BE THE RIGHT PROGRAM FOR YOU IF...

You are a Veteran of any age.

You are enrolled in VA health care.

You want to live in your own home.

You meet the clinical need for VDC.

You are interested in directing your own services.

Directing your services includes using a budget to hire workers and customize your care.

## VDC GIVES YOU CHOICE AND CONTROL

Choose the services and supports you use.

Hire your own workers, including family and friends.

Live in your own home and community.

Achieve goals meaningful to you.

YOUR VAMC AND VDC PROVIDER SUPPORT YOU TO REACH YOUR GOALS

## WHAT VETERANS ENROLLED IN VDC ARE SAYING\* ...

\*Quotes from Routledge, Journal of Gerontological Social Work. 2019, Vol. 62, No. 2, 129-148.

"If it wasn't for this program, I would be in an assisted living situation, no doubt about it. You know, with all the disabilities I have, and this is a home saver for me."

"I think it's helped a lot with (my wife) too, because it's taken a lot of stress off of (her). You know, it just makes me not have to worry."

"It eliminates (worries like) are they going to show up? Who's going to show up? Are they going to know what to do when they get here?"

"I can't think of anything more helpful than what's helped me here, because it helped me be a person."

### YOUR VETERANS AFFAIRS MEDICAL CENTER (VAMC)...

Determines if you are eligible for VDC.

Assigns a monthly budget based on the Veteran's needs and functional limitations.

Refers you to a VDC provider.

Approves your plan for spending your budget.

### YOUR VDC PROVIDER...

Listens to your goals and needs.

Helps you plan for your services.

Connects you to community resources.

Is a visible and trusted organization in your community.

TO SEE IF VDC IS OFFERED IN YOUR AREA, PLEASE CONTACT YOUR LOCAL VAMC OR VISIT [FIND VDC](#).